

# **Queen City Wheels**

November 1, 2002

Volume 4, Number 4

# From The President "RIDING ETIQUETTE"

Last week, while driving back from a ride in Kentucky, I observed a solo cyclist commit several flagrant moving violations while riding his bicycle. I was stopped at a red light near the UC campus in Clifton when I observed a cyclist approach the intersection from behind. He stopped briefly, did a short track

stand, and proceeded to run the red light. The light changed to green and I passed the cyclist and stopped for the next red light. He approached the intersection and proceeded to run the second red light. This same scenario occurred during the next five intersections. At one intersection he did not come to a stop and simply ran the light and was almost struck by an oncoming vehicle about to enter the intersection. The traffic conditions were moderate to heavy during this time. As cyclists, we expect consideration from motorist to responsibly share the road. Are we accepting our end of the responsibility? Whether riding alone or in a group, the rules of the road apply to us as well.

## QCW

For up to the minute information on Rides, Races and Club Events

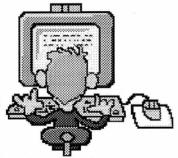
> WWW.QCW.ORG CLICK ON RIDER FORUM

## ANNUAL QCW BANQUET

By Toby Costello

This is the time of year to plan for the Annual QCW Banquet and renew your membership. Inclosed in

> the newsletter is the renewal form and they will also be available at the banquet.



INFORMATION ON ANNUAL BANQUET/ MEETING/AWARDS:

DATE/TIME: January 25, 2003 at 6:00pm. LOCATION: All Saints Episcopal Church DIRECTIONS: located in Pleasant Ridge at the corner of Grand Vista and Parkman Place. If you are traveling from the north on Montgomery Road, go through Pleasant Ridge and turn left onto Grand Vista just past the library. If you are coming from the south on Montgomery Road, go about 4 miles from Kenwood Road and turn right onto Grand Vista just before the Pleasant Ridge business district. The church is on the left.

THE BANQUET IS FREE TO ALL QCW MEMBERS!

Also you can mark you calendar for the QCW Morrow Road Race which will be held on March 30<sup>th</sup>.

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# CYCLOCROSS RACE SATURDAY DECEMBER 7,2002 BY DOUG DOBROZSI

Presented by Queen City Wheels Youth Cycling and Loveland Parks and Recreation.

Sponsored by PowerBar, Vredestein, Wright Brothers Outdoor

United States Cycling Federation Permit Pending

Course Description. A rolling 2 Km loop of smooth grass, about 0.5 Km of pavement, and a stream crossing. Fast if it's dry, tough and slimy otherwise. Venue is Phillips Park in Loveland, OH.

Directions From I-71 or I-75 on the north side of Cincinnati: Proceed east on I-275 to the Loveland / Indian Hill exit (Exit 52). Turn left (north) on Loveland Madiera Rd. Proceed about 2.8 miles on Loveland Madeira Rd. At the traffic light turn left on W. Loveland ave. Proceed up the hill about 0.5 miles. Turn right (traffic light) on Rich Rd. Phillips Park is on the right in  $\sim 0.25$  miles

Registration and Parking: Park in the first parking lot you come to (on the left). Walk or cycle down the road to the shelter for registration

Important Race Notes:

Race held rain or shine. Only severe weather will cancel. Call info. number below for last minute updates.

Registration opens at 11:30 and closes 15 minutes before each event.

TIME	CATEGORY	DURATION	FEE	PRIZES	
12:00	Beginners Clinic & Practice		Free		
1:30	C Race 4/5 Beginner Men	35 min	\$8.00	Merchandise	
1:31	Beginner Women	30 min	\$8.00	Merchandise	
1:32	Juniors ( ages 10-18)	25 min	\$5.00	Merchandise	
2:15	Kids Race (ages 6-10)	5-10 min	Free	Medals	
2:45	A Race - Cat. 1/2/3- Expert	60 min	\$15.00	\$400 minimum	
2:26	B Race - Cat. 3/4 Sport	45 min	\$15.00	Cash/Merch.	

Organizer may combine fields or reduce prize list depending upon number of riders.

Cyclocross, Road, or MTB, bikes are OK. No MTB Bar ends or aerobars.

All riders must wear an approved, properly fitted helmet during warm-up and racing.

USCF Sanctioned (permit pending) USCF and NORBA licenses accepted. Unlicensed riders must purchase USCF one-day license to participate. (\$5.00).

More Information: Doug Dobrozsi, ddobrozsi@cinci.rr.com 513-403-1951

Race flier at www.qcw.org

### **OHIO VALLEY CYCLOCROSS 2002 INFORMATION**

#### By Doug Dobrozsi

Cyclocross is a fall and winter sport. It's a bike race on a course of 1 to 2 miles long. The course is almost always in a park, and will have grass, trails, dirt, some pavement, and spots where you need to dismount and run with your bike a short distance. Races are categorized so you race against people of similar ability. You will race multiple laps of the course so that the race lasts between 20 and 60 minutes, depending upon your category. It is physically demanding so just finishing your first race will be an achievement, but it is fun so you'll want to come back and improve your finishing order the next time. Races are run in any weather so sometimes it's cold and muddy, even snowy. Cyclocross racers are vigorous, hardy souls!! Experienced racers use a cyclocross bike which is like a road bike with knobby tires, but mountain bikes work well and are common in the beginner races. Cyclocross is a great way to give bike racing a try. If you're interested in learning more or giving it a try, come out to one of the local races and see it first hand. There are instructional clinics for beginners at each of the Loveland races. Cyclocross is also one of the most exciting kinds of bike race to watch.

Cincinnati area races in 2002 are:

Date	Location	Race Categories and Times
Sat. October 19 <sup>th</sup>	Loveland, Kiwanis Park	Clinic-12:00; BM BW JR – 1:30; Kids – 2:15; IM EM EW – 2:45
Sat. October 26 <sup>th</sup>	Fairfield Harbin Park	BM BW JR – 10:00 am; IM EM EW 11:00 am.
Sun. November 10th	Loveland	Clinic-12:00; BM BW JR – 1:30; Kids – 2:15; IM EM EW – 2:45
Sat. November 16 <sup>th</sup>	Fairfield Harbin Park	BM BW JR – 10:00 am; IM EM EW 11:00 am
Sun. November 24 <sup>th*</sup>	Milford *	BM BW JR – 10:00 am; IM EM EW 11:00 am *
Sat. December 7 <sup>th</sup>	Loveland Phillips Park	Clinic-12:00; BM BW JR – 1:30; Kids – 2:15; IM EM EW – 2:45

Codes: BM=beginner men; BW=beginner women; JR=juniors age 10-18; IM=intermediate men; EM=expert men; EW=expert women; Kids=kids ages 6-9 who have at least average bike handling ability without training wheels.

#### **Important Information**

- ✓ All riders under 18 must have a parent present to sign permission and waiver for clinics and races.
- ✓ All riders must wear an approved helmet for practice and racing.
- Race fees vary at each race: Kids are free, Jrs. are \$5-10, Beginners \$8-15, Intermediates and experts \$12-20.
- ✓ All races are sanctioned by the United States Cycling Federation (USCF) All races except kids require a racing license. Annual licenses are \$35 for juniors, \$45 for adults, or a one-day license is \$5. Licenses can be purchased at the race.
- Bikes need to be in good working order. Mountain bike handlebar ends ("bull horns") must be removed.
- ✓ Arrive at the race at least 30 minutes ahead to allow time for registration, warm-up and practice.
- ✓ Avoid baggy clothes and tuck shoestrings into shoes: Tights, cycling shirts and jerseys work best.
- ✓ Specific details for each race are posted on the internet. Check www.qcw.org for links. Also look in the North Central calendar at http://www.truesport.com/Bike/2002/calender/northcentral/road.html.

# 15 Days Until Son of Godzulla 2002!

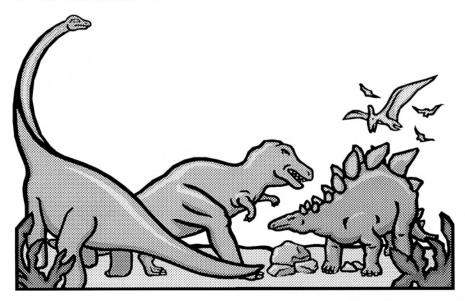
The Son of Godzulla once again engages all types of cyclists against one another in a Fall, Picturesque, One-Day Classic Timed Challenge Event. The peloton will start en masse and travel along a flat river valley road for the first 1/2 of the challenge. All Tandems, HPV's, and Triatheletes are welcome to show up and rough up the peloton for this section. Soon, the peloton will cruelly encounter the infamous "Boudes Ferry" climb. This climb hits 18% on final 100 meters. This will surely cause the first split in the peloton. All spectators and photographers should make it a point to view the pack as it fights to make it up this narrow, steep, back road with a grade so steep, people have fallen over many of times from excessively low speeds. From this point on, its all scenic narrow back roads with climbs, descents, and flats. Whether your goal is just showing up! to do a nice road ride and socialize with friends (or enemies) and officially end your road season, or wanting to save some face and put the hurtin on your buddies, then this is for you. New at Son of Godzulla will be a team competition, four person teams with overall time taken on the 3 best overall times on your team (Check Details). This is a Tour! (albeit a hard one). You must obey any traffic laws applicable. You MUST have several years of riding experience. This is NOT for a new/ beginning rider. All levels of fitness welcome but you must be proficient at handling your bike in a pack and safely maneuvering on narrow, twisting, back roads. We ultimately reserve the right to refuse admission to anyone at this event.

Pre-Registration is HIGHLY RECOMMENDED! Even if it is the night before. No moneys' can be exchanged in park premises! Needs to be postmarked by Oct 20th, 2002. Challenge packet will be mailed back to you as soon as it is received so get it in soon. Special circumstances e-mail or call Dr. Lemar. 200 Rider limit at park.

Special Note: Those who plan on crashing it. Don't do it. Bring \$10 and pay outside of park gate. Don't risk the possibility of identification and humiliation of being a Bandit!

Pre-Registration the night before Nov 1st,2002 5-9p.m. 5909 Price Rd. Milford. Oh

HTTP://GODZULLA.COM



### QCW/LOVELAND "JUST FOR FUN" CYCLOCROSS

BY DOUG DOBROZSI (OCTOBER 19,2002 RACE REPORT)

Well for every cyclocross race I've put on I've had to apologize for the weather. Every other one has been warm and sunny and mostly dry. Today we got wet and muddy but I still had to apologize for the balmy temperatures which saw most racing in shorts and summer jerseys. Some day we'll get lucky and get real 'cross weather, maybe even some snow.

A steady rain overnight left the course good and wet, and I guess kept some of the racers at home as the turnout was light (31 entries). Though the skies looked threatening there was very little rain on the day. Phil Noble was generous enough to take an hour and teach a few juniors and new-comers to the sport some tricks in the pre-race beginners clinic. Hopefully we've hooked one or two......

The C / Beginners race saw a light turnout as a few of the "usual suspects" chose to do the B race today. Jamie Carlin, sporting a Biowheels jersey, raced wheel-to-wheel with first-timer and QCW Kids on Bikes coach Ryan Lindsay for all but the last lap. Ryan found himself wanting something more than the 12-23 on his Trek carbon road bike, and the punishing nature of the toughest and most technical course in the Ohio Valley series took its toll. Jamie won by 49 seconds on a 26 inch mountain bike sporting 700c wheels (I did not know you could do that).

In the juniors race 10 year old Jarrett Frauhiger passed most of the mens field off the line. I was sure he would bonk but he remained strong and consistent and took the 20-ish minute race by 46 seconds over friend and rival Ambrose Dobrozsi, who struggled with his pedals and made a slow start. The Beaty Boys Michael and Alex, along with Daivd Lee, showed great courage in just sticking the race out, since they raced on the very same, tough course as the "big boys".

In the 2-lap youth race Samuel Dobrozsi (age 8) and Wick Hardenbergh (age 9) really gave it their all and were closely followed by the fiery William Hardenbergh (age 6) who did one lap.

Cyclesport rider Scott Stanford took the B men's race by just over a minute over Scott Spees (Airborne) and Jim Roegge (Team Dayton). Scott is very strong and I suspect we'll see him at the front of the A race as soon as that new Empella Bonfire arrives in the mail:-)

It looked to be a great battle at the front of the A race for 5 laps, as Phil Noble traded places with CES/Schellers riders Bill Crank and Roger Wilson. I was mid-pack in the B race and was just being lapped by the front of the A race right at the time Phil unleashed a huge attack heading into the most technical section of the course. Turn out the lights, it was something to behold! Phil won going away over Bill (0:50) and Roger (1:05).

The Big award of the day, the Kids on Bikes Gas Money award (\$20) went to Roger Wilson who drove from Versailles KY. This award, a feature at all QCW/ Kids on Bikes races, goes to the racer who drove the farthest on the day.

This was my first really wet race as a rider and folks, if you stayed away because of the weather, it was a big mistake. I'm still grinning ear-to-ear 2 days later it was that much fun. Don't be a "fair weather crosser" next time, you're missing something big.

Huge thanks to Phil Noble for doing the clinic, Allison Thomas for help with registration, Randy and Beth Frauhiger with a ton of help in registration, course setup and teardown, Scott Stanford, Harry Wicks, Dave Nissen and John Reidel (and the other folks I can't remember) for help with course. Chris Anderson and whoever else helped haul kids 40 pound mountain bikes up the big runups during the junior race. Thanks to Ryan Lindsay for help with course setup and teardown and for loaning me those videos of cyclocross worlds to watch while I was sick in bed. Thanks as always to race official extraordinaire John Luginbill for keeping the show running smoothly. Thanks to the city of Loveland

for the generous use of Kiwanis Park (we'll fix those few muddy spots this week!!).

(Continued on page 6)

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THANKS RACERS for coming out.

Race	Place	Official Results Last name	First name	Team	Time
C C C C (wom	1 2 3 4 nen) 1	Carlin Lindsay Spiegel Miller Downing	Jamie Ryan Eugene Jay Mary	unattached Queen City Wheels Queen City Wheels unattached unattached	30:42:00 31:31:00 38:00:00 38:16:00 38:16:00
Junior 10 Junior Junior Junior Junior	0-14 1 2 3 4 5	Frauhiger Dobrozsi Beaty Lee Beaty	Jarrett Ambrose Michael David Alex	Queen City Wheels Queen City Wheels Queen City Wheels Queen City Wheels Queen City Wheels	19:54:00 20:40:00 24:18:00 27:10:00 1-lap
Youth Youth Youth	1 2 1	Dobrozsi Hardenbergh Hardenbergh	A. Wick William	Queen City Wheels Queen City Wheels Queen City Wheels	2-lap 2-lap 1-lap
A A A A A A A A	1 2 3 4 5 6 7 8 9	Noble Crank Wilson Kelan Bell Cornelius Ice Blackburn Riedel	Phil Bill Roger Mike Matthew Nathaniel Chad Dave John	Airborne CES / Schellers CES / Schellers unattached Airborne/Biowheels CES / Schellers Biowheels Pedali Alpini Independent Fabrication	59:40:00 1:00:30 1:00:45 1:01:05 1:01:22 1:03:49 1:04:42 1:07:01
888888888888	1 2 3 4 5 6 7 8 9 10 11 12 13	Stanford Spees Roegge Anderson Wicks Keller Dobrozsi Ellison Bowersock McCann Nissen Hamilton Otting	Scott Scott Jim Chris Harry Paul Doug Chip Roger Pete David Doug Mike	Cyclesport Team Airborne Team Dayton Wright Brothers/QCW Biowheels BBC Queen City Wheels Wright Brothers/QCW Airborne Oakley Cycles Wright Brothers/QCW unattached Queen City Wheels	49:35:00 50:45:00 50:45:00 52:50:00 53:13:00 54:05:00 54:15:00 57:23:00

### Gateway Cup By Chris Anderson

Mario Medina and I traveled to St. Louis for the Gateway Cup. The Gateway Cup is 4 day stage criterium series over Labor Day weekend. We raced Cat. 4 and the fields were averaging around 90-95 racers per day. Mario crushed the competition with two 3rd place finishes and two top 15 finishes. These finishes put Mario in 4th place overall for the series. I played the role of domestique for Mario, chasing down breakaways, sprinting to break the pack up and breaking a team's effort when necessary. Hell, I even scored my first cash prime! This event is growing by leaps and bounds. They had 124 pro men and 65 prom women in attendance as well.