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Cyclebration '93 To Feature Many Top Riders

Cyclebration '93, Cincinnati's premier racing event, will feature a number of Pro teams racing for their share of the \$14,100 prize list on July 30th to August 1st.. Confirmed entries include the newly expanded and strengthened Team Duckhead, with tentative commitments from IME/Healthshare and Scott/BiKyle Flyers, as well as a number of independent pros. This year's event features a major shift in prize money into the overall placings. This should provide a significant change in rider's tactics, and may well lead to an aggressive, exciting finale at Sunday's Blue Ash Dash finale. As always, an event of this magnitude requires a lot of effort from many people. Many hands

are needed to fill the many jobs associated with all aspects of the event. Your help is critical to the success of the event. Please give strong consideration to coming out for one, two, or all three days, even if for only a couple of hours. We particularly need people before and after each day's activities for set-up and tear down. If you can help, please contact Race Director Dan Roketenetz at 684-6000. Even if you don't call, if you have time available please show up on any race day, as we always need more help. If you have a spare bedroom available, and can house an independent rider or two, please contact Chip Ellison at 831-4381 as soon as possible.

QCW to Promote Stage Race over Labor Day Weekend

The three stage **Cincinnati Stage Race** will be held September 3-4, featuring events in Miami Whitewater Forest and Fairfield. This new USCF (and citizens) event is designed as a low cost, fun race. There will be no prize money, but awards will be given for stage and overall placings. In an effort to bring low cost racing back to town, the entry fee is only \$10 for the entire event. In addition, although this is a stage race, you do not have to compete in all three events. You're welcome to show up for just one or two races, if that's all you have time for. You won't get an overall placing, but then we're racing just for fun here anyway! Saturday morning starts with a 1.0 km hillclimb in Miami Whitewater Forest. This is followed two hours later by a road race on the Crosby Township course used in last year's Spring Series. These two races are in the same locale, and you will not have to move your car between races. Sunday's finale is a criterium at Cincinnati Financial, in Fairfield. This is a fast, triangular course that has also previously been used for club training races. Note: The field limits are low, so please register early!

Several volunteers are needed to help, particularly as course marshals for Saturday's road race. All jobs will be planned for no longer than two hours duration. If you can help out, please call Race Director Rob Westendorf at 481-4606 (days).

QCW Eats Dirt

QCW racers got a taste of national competition on the second stop of the NORBA National Mountain Bike Series held at Ski World, Near Bloomington, Indiana.

Jeff Schwardt and Joe McAfee emerged from the water soaked course in 7th and 12th place, respectively, in the 16 mile, 4 lap Sr Sport race. Mike Otting and Jeff Vaught increased the number of QCW finishers to four.

The menu awaiting the 1000 or so competitors began with an "appetizer" quick climb followed by Skeletor Slide, a 200 foot skid from atop the ski slopes to the basin below. The main course featured the Corduroy Climb, accounting for half of the 500' vertical per lap. For dessert: the Graveyard Hollow plunge into the mud infested field below.

After a solid night of rain, the Pro/Elite race on Saturday morning displayed the world's best talents battling it out for seven laps, a total of 28 miles. John Tomac devoured the scattered field, winning over Jan Wijek, Tinker Juarez, and Ned Overend by over two minutes. Cincinnati favorite Will Geoghan scored a respectable 21st place, right behind former COBRA rider, Gunnar Shogren. Juli Furtado put a gap of over five minutes on her nearest competitor, Ruthie Matthes, in the women's Pro/Elite class.

QCW is hoping to field even more mountain bike racers at upcoming races. In particular, we are trying to organize a team for the Mud, Sweat, and Gears Power Bar relay to be held on July 11th at Ski Butler. If you're interested in participating, please call Jeff Vaught at 921-

From the Board

Cyclebration Entry Fees

QCW has always attempted to reimburse club members for the entry fees they pay. This program has met mixed success, and has been limited by availability of funds. This year we are going to try a new approach. Entry fees for QCW members for Cyclebration '93 races will be waived. This includes all categories, including Citizens. There are two special requirements to be eligible for this benefit: you must have purchased and wear a 1993 QCW team jersey in all races, and licensed riders must have QCW listed as their racing club on their USCF license. You will be subject to all other rules exactly the same as everybody else, so early preregistration is recommended, especially for categories 3 and 4. If the field limits are reached we cannot add anyone not already registered.

If you are a USCF rider you will have received an entry booklet by now. Citizen entries are available at local bike shops. For USCF riders, just list QCW where your racing club is asked for. Citizens should just write in "QCW Member" at the top of the form. Mail your entry to the address indicated, and see you at the race!

1993 Jerseys

The 1993 QCW team jerseys are in! Those of you who preordered should have already been contacted to arrange for pick-up. If you have not yet gotten your jersey please call Jim Flaherty at 271-3025 to make arrangements. If you did not preorder, there are a limited number of jerseys and skinsuits available at Wright Brothers Cyclery in Harper's Point. Call ahead to confirm that they have your size, 489-2222.

A Change for Time Trials?

Tuesday night time trials have historically been the Club's most popular activity, and this year is no exception. However, a number of "regulars" have expressed the "need for a change" to revitalize the ride, and perk attendance back up. One change being seriously considered is to reverse the direction of the course. The first years of the time trial on the Cleves/North Bend course ran opposite to the current direction, and most riders find the old direction to be faster. This is partly due to a small elevation change, and the nature of the way that the small hills are shaped. This change may occur at anytime. Please allow yourself some extra time so that on arrival you have time to move to the other end of the course for the start. Some sort of notice will be posted at the old start, so keep a sharp eye out if it appears that no one is around.

Congratulations to Betty Lane, who was presented with the Bronze Quill Award of Excellence of the Greater Cincinnati IABC in the News Release category for her press release kit prepared for QCW's Cyclebration '92!



Direct all correspondence to: QCW Newsletter, 2724 Morning Ridge Dr., Cincinnati, OH, 45211-8204. The Editor is Robert Westendorf, who can be reached at 513-481-4606 from 7:00 AM to 4:00 PM weekdays.

Calendar

Races (OH, KY, IN, WV)

July 24 First Knox Nat'l Bank Classic, Columbus 614/890-4145
July 24-25 Paducah Summer Festival Stage Race, Paducah, KY 502/554-2938
July 25 Amer. Cancer Society RIB Festival Crit, Columbus 614/890-4145
July 25 Blue Cross-Blue Shield Classic, Westerville, OH, 614/891-4145
July 27 Southeastway Park Crit Series, Indianapolis, Chuck Moll 317/898-2340
July 30-Aug 1 **Cyclebration '93**, Cincinnati, OH
Aug 3 Southeastway Park Crit Series, Indianapolis Chuck Moll 317/894-2340
Aug 10 Southeastway Park Crit Series, Indianapolis, Chuck Moll 317/894-2340
Aug 14 Canton Crit, Canton, OH 216/966-8315
Aug 14 Ride for Sight, Citizen only, E. Palestine, OH Bob Batchelor 216/457-7118
Aug 15 Orrville Milk Race, Orrville, OH 216/682-1911
Aug 17 Southeastway Park Crit Series, Indianapolis, Chuck Moll 317/894-2340
Aug 18 Indianapolis TT Series, Todd Sullivan 317/576-0156
Aug 19 Richmond TT Series, Richmond, KY Bob Marsh 606/885-4620
Aug 21 OH/WV District Crit, Westerville, OH Team Columbus 614/890-4145
Aug 22 OH/WV District RR, Bremen, OH Team Columbus 614/890-4145
Aug 24 Southeastway Park Crit Series, Indianapolis Chuck Moll 317/894-2340
Aug 27-29 TOSEO Stage Race, Columbus, Team Columbus 614/890-4145
Aug 29 DINO Series MTB, Bloomington, IN Crossroads Comm. 812/336-1214
Aug 29 Spectrum Classic, Ashland, OH Jennie Weidinger 419/994-5802
Aug 31 Southeastway Park Crit Series, Indianapolis Chuck Moll 317/894-4145
Sep 3, 4 **Cincinnati Stage Race** (see page 1 article or enclosed flyer)
Sep 4 Bobby Rahal 100, Dublin, OH Team Columbus 614/890-4145
Sep 6 Criterium Little Italy, Cleveland
Sep 11-12 Tour de Parks Street Sprints and RR, Louisville, Craig Holmes, 502-245-6280
Sep 11-12 KY Open MTB, Owenton, KY 502/484-2998
Sep 12 DINO Series MTB, Plymouth, IN, Crossroads Comm. 812/336-1214
Sep 16 Richmond TT Series, Richmond, KY Bob Marsh 606/885-4620
Sep 18-19 Farm Fest MTB, Dayton, IN, Brent Mullen 317/423-4695
Sep 23-26 CAZ (Columbus-Athens-Zanesville), Bruce Mitchell, 614/594-8219
Sep 25 DINO Series MTB, Indianapolis, Crossroads Comm. 812/336-1214
Oct 3 DINO Series MTB, Lake Wawasee, IN Crossroads Comm. 812/336-1214
Oct 10 DINO Series MTB, Nashville IN, Crossroads Comm. 812/336-1214
Oct 16-17 Southeastern Championship MTB, Owenton, KY 502/484-2998
Oct 17 IN Dist 15 Cyclocross, Starlight, IN Curtis Tolson 502/426-1530
Oct 24 DINO Series MTB, Evansville, IN, Crossroads Comm. 812/336-1214
Oct 31 Tricks and Treats MTB, Lafayette, IN, Brent Mullen 317/423-4695
Nov 6-7 DINO Series MTB, Paoli Peaks, IN, Crossroads Comm. 812/336-1214

Rides

Rides are ranked on a scale of 1 to 5, according to the typical speed and group. A "1" is an easy, teaching ride, "2" is basic paceline, "3" is moderate to fast paceline, "4" means many will be dropped, and "5" is an all-out ride harder than many races. Rides of "3" or higher you should not expect the group to wait for you if you are dropped. Rides with two or more numbers listed are typically large groups that break up as the speed picks up. All rides are led on a volunteer basis. Due to the vagaries of personal schedules, weather, etc., we cannot provide a guarantee that any given ride will always take place as scheduled here. Each ride has its own list of "regulars". You are encouraged to stay in touch with each other regarding scheduling and route changes and new rides may be detailed on the QCW RIDE line before listed here.

Sunday 9:00 Hyde Park Square, 55 miles (5)
Sunday 11:00 Wright Brothers Cyclery, Harpers Point, rolling (2)
Tuesday 5:00 Campus Cyclery Clifton (to time trials) 30 miles with 2 hills (usually multiple groups, 2,3, and 4)
Wednesday 6:00 Procter & Gamble MVL, Old Colerain Ave., route varies (3-4)
Thursday 5:30 Reliable Bicycles, 927 Vine (at Court), 25+ miles rolling (route, length, vary with daylight, weather) (2)
Thursday 6:00 Wright Brothers Cyclery, Harper's Point, rolling (3)
Thursday 6:00 Campus Cyclery, Clifton, 40+ miles with hills (4)
Saturday 10:00 Montgomery Cyclery, West Chester, 40 miles (3)

Events

Tuesdays 6:30 QCW Time Trials, Cleves/North Bend, OH (through Sep)
June 19-August 28 Bicycles in Art, exhibit, Maritain Art Institute, Loveland, OH, 683-1152.

Lessons From Cyclist A Team Time Trial

As each team member takes a pull at the front he creates a break for the following team member. By setting the pace for a few pedal strokes, he drives a wedge through the wind. The team can then maintain a faster pace and cover a greater distance.

Lesson: People who share a common direction and sense of community can go further and get where they are going quicker and easier because they are traveling on the thrust of others.

Whenever a member falls, off the back, he suddenly feels the resistance of trying to go it alone. He must quickly get back on to get the benefits of the draft.

Lesson: If we have as much sense as Cyclist we will stay in formation with those who are headed in the right direction.

When the lead rider gets tired he rotates to the back of the formation, and another teammate then sets the pace.

Lesson: It pays to take turns at the front. Do the hard tasks and share the leadership with others; as with Cyclist, interdependent with each other.

The Cyclist yells from behind, to encourage the leader to continue the pace.

Lesson: We need to make sure our encouragement from behind is nothing less than positive.

When a Cyclist has a mechanical problem or an accident, two teammates drop back to help him into formation. They stay with him until they are back with the team or he is unable to continue the race.

Lesson: If we had as much sense as Cyclist, we will stand by each other, thick and thin.

-Dan Roketenetz

A Ukrainian Enterprise Rides on the Loveland Bike Trail

Americans constantly seem to be reviled and belittled, or called boorish and nee kulturney by our more "sophisticated" neighbors in the international community. Yet, for the most part, we are respected in those same places for our business acumen. Therefore, it is not surprising that a young cycling professional and his partner in life and business would come to this country to learn the art of business success.

June 19th heralded the Grand Opening of the Kharkiv Bike and Skate Shop, which will be operated by Alexandre (Sasha) Zinovlev and Larisa (Lara) Koshel.

Sasha was the principal rider of the Russian Olympic Team, who was denied his chance for glory during the boycott of 1984. He did win first place in the World Championships of 1983 and 1985 in the team time trial. He was allowed to travel extensively as a member of the Russian team, but only by joining the Communist Party. While abroad, he learned the lessons of capitalism, but, until the breakup of the USSR and the nationalization of Ukraine, his native land, he saw little chance for putting them into effect. The end of the cold war increased his chances exponentially.

Results

May 15: Revco Crit, Cleveland: SR 3: 2nd. Brent Sacksteder; **May 23: Mtn. Bike Festival, Ski Butler:** Vet/ Master: 9th. Dan Roketenetz, 11th Ivan Forsythe; Sport: 5th. Jeff Schwaradt, 8th. Jeff Vaught; Beginner: 37th. Ken Natorp. **May 22: Great Toledo Race:** Master: 3rd Fred Steinbrecher; **May 23: OH/WV District TT:** 40+: 1st. Grant Wearne, **May 26: Ault Park #1:** 20K: 1st. Eric Simpson; **May 29-31: Miami Valley Stage Race, Dayton:** Women: 10th. Wendy Griffen; Sr. 4: Jeff Vaught; Master 30+: 10th. Grant Wearne (also 4th in 40+), 25th. Rob Westendorf, 42nd. Eugene Spiegel; Sr. 4-5: 42nd. Jeff Vaught, 48th. Kurt Etter, 57th. Roy Cullum, 63rd. Mike Otting; Citizen TT: 45+: 1st. Roger Macomber; **June 5: KY/IN District RR:** SR123: 5th. Scott Denny

QCW Time Trial Results (through 6/22)

SR 2: Rick Hoeting 23:04

SR 3 & 30+: Chip Ellison 23.19

SR 4: Tom Friesz 23:52

40+: Grant Wearne 23:54

JR: Eric Knight 24:08

45+: Roger Macomber 25.10

MTB: Dan Libby 25.11

WM: Stacy Kisker 27:03,

WM 30+: Gayle Goldsmith 29:18.

Note: The Club does not have a list of member's racing categories. These are from my memory, which is often faulty. If I've made a mistake, please let me know at 481-4606 daytime. Thanks! -Rob Westendorf

Please call your results in to the QCW RIDE line (791-RIDE) once a month, no later than the end of the month. Please give your name, the race name and date, category, and place. Please speak slowly and clearly, as most messages have been difficult to understand lately. Thanks!

Sasha's first extended stay in Cincinnati was for a month in 1991 when he was sponsored by the Cincinnati/Kharkiv Sister Cities Program and the Cincinnati Cycle Club. He expressed an interest in learning the basics of business and returned in 1993 to do just that.

He has completed his preliminary training at Wright Brothers Cyclery at Harper's Point, where he also improved his English. The Wright Brothers employees used the opportunity to learn about cycling and the bike industry in Ukraine.

Is there a better way to learn American business than to start up and run your own business?

The Kharkiv Bike and Skate Shop (named for Sasha and Lara's beloved home town) began operation with its Grand Opening on Saturday, June 19th. The shop will specialize in bike repairs along with the sale of bicycles, clothing and accessories. They will also sell and rent Bauer In-Line Skates.

Join us to welcome Sasha and Lara in their new enterprise. The Kharkiv Bike and Skate Shop is located on East Main, next to the bike trail in Loveland.

-Charles C. Wright

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Sponsor Profile: Kroger State Avenue Grocery Products Division

For the second year, one of QCW's major sponsors is Kroger's State Avenue Division. The State Avenue manufacturing facility is the oldest and largest of Kroger's Grocery Products Division manufacturing facilities. There are 753,000 square feet of manufacturing and warehousing space, comprised of 10 interconnected buildings, occupying 4.6 acres. The original construction began in 1925 and has continued to be enlarged and modernized. New processing lines to meet growing customer requirements have been added. State of the art processing and packaging equipment keep the facility in the forefront of the food processing business. Total Quality Commitment is the goal for all production.

The State Avenue plant employs nearly 400 people, including 286 hourly, 46 office, and 41 management employees.

The Division's primary objective is to produce first quality food products. They use proprietary technology to manufacture quality items for private label as well as national and regional accounts who depend on quality and service to meet their specifications. State Avenue also supports other Kroger manufacturing facilities with raw materials used in their processes.

The equipment is complex, requiring talented and experienced operating personnel to properly produce the quality levels that customers require. The food processing team has spent years mastering the skills necessary to produce quality products at reasonable rates. The products Produced at State Avenue include:

- * Coconut, bags and cans
- * Beans, both Navy and variety
- * Broths, chicken and beef
- * Gravies, chicken, beef, turkey
- * Salad Dressings
- * Bakery and pie fillings
- * Preserves
- * Pancake syrup, corn syrup
- * Jelly
- * Industrial Cleaners
- * BBQ sauce, salsa sauce
- * Ice cream toppings, Chocolate syrup
- * Liquid detergents and home cleaning aids
- * Spaghetti, pizza, taco, and picante sauces

These items generated over 165 million pounds of products in 1992.

Our thanks go to Kroger - State Avenue Division for their continued support of the Queen City Wheels!

-Information provided by Roy Roberts.

Classifieds: Ad space is free for all QCW members. All ads must be resubmitted in writing each month. Ads are run on a first come basis, as space allows. If insufficient space is available longer ads will be edited and/or the later arrivals will be first on the list for the next issue. Submit ads in writing only to QCW Newsletter, 2724 Morning Ridge Dr., Cincinnati, OH 45211-8204.

Kestrel 4000, 61, cm Mint. ZIPP and ROVAL wheels, many extras. MUST SELL Bob 248-0702

Paramount Waterford OS, 60 cm, Mint. Dura Ace STI, Mavic wheels, Regal seat \$1000 Bob 248-0702

Miyata "Team", 53 cm c-t, Dura Ace and Ultegra components, clipless pedals, Avocet computer \$600 OBO Rob 661-2536

The *Queen City Wheels Newsletter* is a publication of the Queen City Wheels, Inc. QCW is both a United States Cycling Federation (USCF) member club (#0153) and a National Off-Road Bicycle Association (NORBA) member club, promoting sanctioned bicycle racing in the Greater Cincinnati area since 1972. The Club sponsors a number of events throughout the year, and fields a racing team for racing events throughout the country. Membership is open to anyone with an interest in bicycle racing. For further information contact the Queen City Wheels, 185 Albright Dr., Loveland, OH 45140, or call 791-RIDE.

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Queen City Wheels
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Loveland, OH 45140

