



# QUEEN CITY WHEELS

CINCINNATI, OHIO

UNITED STATES  
CYCLING FEDERATION INC.

MEMBER CLUB  
#0153  
SPRING 1988  
NEWSLETTER  
March 26, 1988

SANCTIONED BICYCLE RACING SINCE 1972

## 1. GENERAL:

- This NEWSLETTER contains important information for you and YOUR Club.
- Please respond on ACTION REQUESTS.
- This will be your LAST NEWSLETTER unless you are a paid-up member.

## 2. CALENDAR OF EVENTS:

- April 2 Sat. Becknerville Ky. Road Race, Call Matt Straub - (606)258-2350  
April 7 Thurs. QCW RACE TEAM meeting at Jim's Bicycle Shop; (See Item #9)  
April 10 Sat. Swiss Hills RR, Monroe. Call Alan Marcossou - (614)472-1910  
April 16 Sat. Ohio Special Olympics Clinic - (See Item #12)  
April 18-30 Possible CLINIC/RIDE BY LESLEE SCHENK; (See Item #13)  
April 24 Sun. QCW/CONVENIENT SPRING TONIC COMBO Ride/Race; (See Item #16)  
April 26 Tues. 1st PRACTICE TIME TRIAL-6:30 pm-WHH TOMB; (See Item #17)  
April 30 Sat. CCC Chili Century - Kings High School, 8:00 am.  
May 3 Tues. SPRING OPENER XVIII TIME TRIAL - pre-register (See #17)  
May 3 Tues. QCW SPECIAL CLUB MEETING after time trial. (See Item #6)  
May 7-8 Sat-Sun. TOSRV - Columbus to Portsmouth & return.  
May 21 Sat. Cntrl Benefits Challenge; Dublin-Phillip Milburn (614)889-1548  
May 22 Sun. Franklin Ohio Team Time Trial - Elisa Alexander (614)268-6593  
May 28-30 Sat-Mon. Dayton River Festival Races; Jamie Reece 1-226-1444 days  
June 1 Wed. Ault Park Racing Series - 8 Weeks - Andy Callahan 731-9111.  
June 4 Sat. Ohio/W Va. Dist. Time Trial Championship, Hannibal Locks, Ohio  
June 5 Sun. District Track Championships - MTV Indianapolis.  
June 12 Sun. District Road Race Championships - Site not confirmed.  
June 19 Sun. Ameritrust Criterium - Cleveland. Mary Kovach (216)696-7700.  
June 26-July 2 Challenge Tour '88: Mike & Cynthia White, 561-6686 (See #18).  
July 1 Fri. CYCLEBRATION '88 - PROLOGUE 10k TT; Mike Schweitzer, 621-2453  
July 2 Sat. CYCLEBRATION '88 - NO. KY. ROAD RACE; Glenn Wolf, 721-6628  
July 3 Sun. CYCLEBRATION '88 - UNION TERMINAL CRIT.; Dan Burks, 481-1648  
July 4 Mon. CYCLEBRATION '88 - BLUE ASH DASH; Tim Gehling, 793-0800; See #15  
July 16-24 Masters Nationals in Pensacola, Fla. (Reserve your Condo now).  
July 22-24 Jrs. Niagara Grand Prix: Ontario-Canada- Paul Nemy (416)892-2641  
July 24-Aug. 6 Senior Nationals in Spokane, Wa.  
Aug. 3-14 Junior Nationals in Trexlertown, Pa.

## 3. ACTION REQUESTS:

- Submit MEMBERSHIP/WAIVER form to correct address.
- Volunteer to fill a role at the BLUE ASH DASH. We need your help.
- Volunteer a few hours to work at the Special Olympics Cycling Clinic.
- Ride the CONVENIENT SPRING TONIC COMBO Ride/Race.
- PRE-REGISTER for the Spring Opener XVIII Time Trial.
- Order a jersey, shorts, tee-shirt or water bottle while in stock.

**JIM'S BICYCLE SHOP**

8015 Plainfield Road  
Cincinnati, Ohio 45236  
(513) 793-1163

**Convenient  
Food Mart**

**B**  
new balance  
cycle wear

4. RECENT CLUB ACTIVITIES:

- a. TEAM BIKE DAY: A successful day; 12 people built 3 bikes. The best is a 60cm Raleigh Competition that was completely taken apart, sanded, repainted, all parts cleaned & reassembled--lots of pizza--good time.
- b. BIKE SHOW AT JIM'S BICYCLE SHOP: Approx. 18 persons--lots of good technology; sold about 6 bikes, roof-rack & mag trainer, etc. Good deals.
- c. LOGO NIGHT: Sparsely attended; 7 people--100 plus logos applied, 2% error - QCW/NEW BALANCE Club shirts look great - Pretty neat evening.
- d. BLUE ASH DASH COURSE CHECKOUT: On less than 24 hr. notice 27 criterium riders rode the course for over an hour. P & G opened the gates; Blue Ash Police blocked off Reed Hartman Hwy. This will be a fast, safe course.

5. QUEEN CITY WHEELS, INC. The Officers and Board Members of QCW have been concerned for some time that our Constitution and Bylaws are out of date. We also seem to have more exposure for liability in recent years. Dan Roketenetz, a Federal Administrative Law Judge, has offered to update the Consitution and Bylaws into the more modern Code of Regulations; have QCW Incorporated; get us IRS 501-C3 tax exempt status; and provide a manual of instructions in case a future update is required. The Board of Directors would henceforth be called the Executive Committee. To enact this legislation QCW needs an officially announced club meeting. THIS FORMALLY ANNOUNCES THAT AFTER THE SPRING OPENER TIME TRIAL ON MAY 3rd, THERE WILL BE A SPECIAL CLUB MEETING. The purpose is explained above. Dan, or another QCW attorney, will conduct the meeting. The agenda and action steps are as follows:

Call To Order followed by oral votes to: 1) rescind the existing Constitution and Bylaws; 2) adopt the new Code of Regulations; 3) adopt the Articles of Incorporation; followed by a Motion for Adjournment. There are no surprises; this is merely an updating. Club Policies & Procedures, which are those things that normally change within a Club, are not part of the Code of Regulations (or previous Constitution and Bylaws). Policies & Procedures will continue to be managed by the Executive Committee.

A YES vote is RECOMMENDED on all motions by the Officers and the Board of Directors of QCW. If you need a copy of the proposed legislation to read prior to the May 3rd meeting; please call Dan Roketenetz at 351-5020.

6. SPONSORSHIP:

- a. Convenient Food Marts (Gene Hancock), Jim's Bicycle Shop (Jim Peters) and New Balance have renewed their sponsorship with QCW for 1988.
- b. EXCEED Sports Nutritional System has agreed to sponsorship for the next two years. We made this contact at the Hawaii Ironman Triathlon last Oct.
- c. KENCABCO, of Golf Manor, is a new supporter of QCW. Tom Trapp's business is cabinets. If you are considering new cabinets, you may want to give KENCABCO a call. I had their cabinets in both of my last two houses.
- d. R.F. FOLZ & CO. (Randy Folz) has volunteered to pay for all newsletter mailings for QCW this year. If you need any Insurance, call Randy.
- e. It is very important to let me know if you have made a major purchase from one of our sponsors or if you referred someone who made a major purchase. This information helps to sell sponsorship in the following year. All of our sponsors this year have been quite generous and we should do whatever we can to assure them value for 1988.

7. CLOTHING/EQUIPMENT: The new equipment is in. The jerseys are identical to last year, except they have one additional EXCEED logo. The price will continue to be \$36.00. After May 10 it will be \$38.00. The jersey cost will again be refunded to any USCF racer who rides six sanctioned events for QCW and makes application for the refund. New Balance has sent us a high quality, double-lined short for 1988. The price will again be \$20.00. All sizes are available. We also have some great looking T-shirts with a huge New Balance cycling logo on the rear and two sleeves. The front has a small NB logo and the entire Queen City Wheels logo as seen on this letterhead. All for \$5.00. The shirts are only available in large. EXCEED water bottles are available with QCW logo for \$2.50. NBAL 1987 shorts: SM \$10; XS \$5. (kids).

The shorts, T-shirts and water bottles constitute a good part of the cash flow for the refunding of entry fees, uniform costs, and qualified gasoline expense in our blossoming Junior Program.

8. JUNIOR COACH: Fred Steinbrecher has volunteered to be the Juniors' Coach for 1988. If you are a Junior and wish to work with Fred or be a member of the QCW Junior Team, call him at 851-5420. We are trying to start a more organized approach to Junior Racing. Fred is an excellent racer and coach. He finished third overall in the 1987 Ault Park Series.

9. RACING: On Thursday night, April 7th, at 7:00, the Queen City Wheels Racing Teams (all sexes and categories) will meet at Jim's Bicycle Shop to discuss the coming season, distribute equipment, pick racing coordinators and establish training ride program. New Team Members are always accepted. QCW had 40 licensed racers in 1987. License forms will be available for new racers and those who have not renewed yet. Forms are available immediately if you send me a SASE. All Junior Team members who attend this meeting will get one of the new Junior Team T-shirts--free. This is your only chance.

10. RIDE HOTLINE: 791-RIDE is available to give the latest racing news and Club Ride information. It will also take messages. 791-RIDE is available to everyone but QCW will insist (as usual) on membership for those attending events. During the last two months, there has been a considerable use of the RIDE HOTLINE; but basically it's only by 10 to 15 people. Everyone should get more involved with this line. It's a little disappointing that we all won't share our RIDE information with others. We try to get messages on to the tape as soon as possible but try to plan at least 24 hours in advance. We have had riders call at 8:00 a.m. on Saturday with information about a 10 a.m. ride and actually had riders appear. We've also put together ride-pools to the Kentucky races, sold a roof rack, etc. We would like to get a better idea of who uses 791-RIDE. Please leave your name.

11. TRAINING RIDES: Nothing consistent has been set up yet. However, there is normally a ride on Sunday from Outlets Mall, just North of Kings Island. As soon as the time changes Dave Vargo will lead a Wednesday night ride in the Round Bottom Road area and there will be a Thursday night ride leaving the Loveland area doing basically the famous "Ted's Ride" and another by Velo Club from Campus Cyclery to Rt.8. We would like to get someone to lead rides in Northern Kentucky, the Western side of town and up near P & G's Miami Valley Labs. As this information comes together, it will be on the tape. Our goal is to make these training rides as reliable as the Time Trial. Who will lead until the ride is established? Who else has a ride?

12. OHIO SPECIAL OLYMPICS CLINIC: Special Olympics is expanding into short cycling time trial events: 400M, 1KM & 2KM. They are having a clinic for Special Olympians and staff on Sat., April 16, and have asked if any of QCW folks would lead a demonstration. Some topics are equipment, bike fit, conditioning, general riding, riding the specific events above, basic maintenance items, TT safety. The Clinic will end with Olympians riding a bit. This is a real community and caring opportunity; and you don't have to be a world famous expert. These folks will appreciate whatever you can do. Call 791-RIDE by April 8. Thanks.

13. LESLEE SCHENK CLINIC: A possibility!! Leslee will be home for at least a week, starting about April 18th. She may be available to give a clinic to QCW members and possibly lead a ride. Leslee is a former QCW member who is now a member of the #1 ranked Lowrey's Team and is one of the two former QCW women members who are on the U.S. National Women's Road Team. Leslee was a member of the Women's Team Time Trial team that took second place in the 1987 World Cup. They missed first place by .05 seconds! There are two ways we will publicize this event. All people who have volunteered to work on a project will be called personally. Anyone who is a member and has not yet volunteered, please call 791-RIDE.

14. CYCLEBRATION '88: See the Calendar of Events for the basic information from July 1st through July 4th. This is a "Designated Bicentennial Event". The proceeds will go to the Children's Discovery Center of the Natural History Museum. Besides the racing events, there will be a few tours led by the Cincinnati Cycle Club. That schedule is still firming up. More later.

15. BLUE ASH DASH: This will be QCW's biggest event of the year. Currently there are 11 committees working toward making this happen. We have identified some sub-committees and individual efforts that need to be staffed. We have an excellent criterium course; wide, safe, and fast. We could fill pages with what is going on right now. We can tell you quickly that you'll see some of the biggest names in amateur racing on July 4th. (Some will go to Seoul in September.) We have also contracted for announcing with Jeff Roake and Brian Drennan of Event Services out of Denver, Colorado. These are the top race announcers in the U.S. Normally, they are booked separately but we have had the good fortune of getting them both together. You may be familiar with them from film clips of the Coors Classic or the movie, American Flyers. This race will definitely be an artistic success. The above should demonstrate that we are going first-class on everything.

We are, however, struggling a bit with Sponsorship. If you know a philanthropist or your business would be interested in Sponsorship in the range of \$500 to \$5000, please let me know. Bob Woods and I will follow up with a letter and a very convincing sell package.

The BLUE ASH DASH currently has committees handling: Race Direction, Race Coordination, Sponsorship, Publicity, Finance, Design, Ridership, Operations, Scoring & Timing, Volunteers and Critique. We still have some other needs. We'd be delighted to have you and/or your spouse/friend/other join us on the DASH TEAM. These are our needs (in order):

- a. Secretary/Typist: Use Multi-Mate Word Processing - easy; use my IBM.
- b. Hotel Coordinator: Work with room allotments, National Teams, Riders and volunteer hosts.
- c. Hosts: (Many) Make spare bedroom/s available to an out of town rider/s.
- d. Program Designer: Configure Sponsors' artwork, race rosters and general info into a Race Day Program. Roster, printing and covers by others.
- e. Signs & Banner Coordinator: Have req'd signs painted & banners made.
- f. Printings Coordinator: Work with 3 printers. Make sure all printings get done on time and correctly.
- g. Concessions Coordinator: Manage three refreshment stands for race day.
- h. Music Director: make tapes of sound tracks, etc. for race day.
- i. Communications Coordinator: Work with Cellular One to make sure that 8 2-way radios or cellular phones are appropriately dispersed and used.
- j. Safety/Security Contact: Race staff liaison with Blue Ash Police, P & G Security, National Guard, and medical personnel.
- k. Portable IBM Comp. Computer: COMPAQ (?) test in June; use on July 4th.
- l. Medical Support Personnel: QCW medical folks willing to spend two hours at the medical center with the paramedics.
- m. TV Producer/s: City of Cincinnati resident/s interested in audio-visual work. Use Warner Cable Communications equipment to film and edit the Blue Ash Dash for veiwing on Public Service TV. (training available).

Some of the above jobs require more than one person. If you do not want to be the committee head but would work with someone else, please volunteer as a partner. Some of the jobs above are not really needs (k-m); they're only wants. If we fill them, fine; if we don't, that's okay too. The wants are listed just in case someone has an interest.

When race day is finished we think you will be proud that you helped.

I'd like to THANK all 20 of the QCW members who came to my place last Tuesday night to work separately on various committees, National Team & Sponsorship mailings and computer inputs. It was very satisfying to see so much work getting done.

16. CONVENIENT SPRING TONIC COMBO: On Sunday, April 24, QCW will hold the first CONVENIENT SPRING TONIC COMBO RIDES/RACE. This will be a "loose and casual" event that Roy Roberts, Gene Hancock, and Dino Lucarelli put together. It connects two Convenient Food Marts with 47 miles of country roads in Northern Kentucky. Everyone is invited (as long as they can ride 50 miles in four hours). Those signing up for the Race will start at 9:00 a.m.; others at 9:10 a.m. Those leaving with the Racers do not have to be licensed but must be "dues paid" QCW members. All other riders are welcome for the 9:10 a.m. ride. QCW membership will not be required of non-Racers. The FINISH line closes at 1:00 p.m.

Here's what the SPRING TONIC COMBO promises. A real body tune-up for Racers, quasi-Racers and even "couldn't care less" Racers. Other riders will have the opportunity to do their thing, however fast, along the same route or a shorter one. The FINISH line is five miles from the START point so plan to ride back to your car after the awards ceremony. The course is described as a fast first half, basically flat or downhill, followed by some healthy, challenging hills. We've heard that Gene Hancock claims that this route "made him what he is today!!"

The START is at the Convenient Food Mart on KY 25; the FINISH is at the Convenient Food Mart on KY 18. Drink coupons will be given at the FINISH.

The cost will be \$3.00 per rider to cover the cost of a few prizes and the USCF Special Club Event permit; Racers who are NON-QCW members, \$10.00. This is \$7.00 membership plus \$3.00 Race fee. The objective here is to get the racing membership paid before Time Trials start the following week.

We are not quite sure how to split up the total money pot as yet. All we can say is that after expenses are deducted the pot will be split so that it is in keeping with "a loose and casual" event. The non-Racers' prizes will be awarded using a lottery for those finishing before 1 p.m. Give us a try on the CONVENIENT SPRING TONIC COMBO.

Directions: Take I-75 south to the KY 42 exit at the south end of the Florence Mall (Y'all). Turn left, back across the top of I-75. Turn right on Industrial Road, just past the Frontier Inn. Turn right on KY 25 (Dixie Highway). Go 1.5 miles to the Convenient Food Mart on the right. Park in the back on the gravel. Good luck. We will need about ten volunteers so if you have somebody that would like to come out and not ride and wouldn't mind being out on a country road for a while, bring them along.

17. TIME TRIALS: The new Time Trial year begins with a test run on Tuesday, April 26. This is basically to see if our clocks and systems are working and for you to check out your body and bike. Times posted will not become a part of the permanent record. Plan to be on hand by 6:10 p.m. for registration; first rider out at 6:30 p.m. This will be your last opportunity to pay membership and pre-register for the USCF Time Trial the following week.

Tuesday, May 3, is the annual USCF SPRING OPENER XVIII TIME TRIAL. It is a pre-registration event. Attached is a Race Announcement and Waiver that must be signed. I suggest you submit this and your membership early (although they go to separate addresses). We are already getting a number of calls from out of town since this event is listed on the USCF Annual Calender. As usual all members are welcome, whether licensed or not. Separate citizen categories will be available. There is a condition though. This is a USCF event: if the field limit of 60 riders is sold out during pre-registration, all licensed racers who pre-register will start. The field will be filled in the order Citizen registrations are received. Register early. Good gifts. A Press Release listing places 1-4 for each class will go to the local newspapers, Velo-News and Winning magazine.

Tuesday, May 10, annual Time Trial series begins; runs through October.

Before coming out, please refresh your memory on our rules:

1. Keep the bikes out of the street before and after the event.
2. Be friendly to the residents.
3. Call your number at the finish line.
4. Helmet required.

Remember the QCW Membership Fee payment at Time Trial will revert to the pre-1987 rule. A person who does not pay the \$7.00 Membership Fee and chooses to pay the nightly \$2.00 non-member Time Trial ride fee will no longer be able to accumulate the four ride payments to equal a membership fee (the treasurer/membership folks were going crazy with this policy).

18. CHALLENGE TOUR '88 "TURN THE MONSTER LOOSE!!": Two QCW members; Mike White, an attorney, and Cynthia White, a psychologist, have put together an end-of-June cycling vacation that may interest you. Last year Mike was one of 2 Cincinnatians to successfully complete the 750 mle Paris-Brest-Paris ride. Mike's time was 82 hours. Of course, only 41 of that was on the bike. Here's what Mike and Cynthia have to say about CHALLENGE TOUR '88: "We offer a challenging vacation alternative for 18 "in-shape" cyclists. The five-day, six-night Tour includes sag supported rides of 120 to 130 miles, all meals, lodging, and evening programs for cyclists. The courses, 620 miles overall, are well mapped, beautiful and challenging. CHALLENGE TOUR '88 will be located in South-Central Ohio and will run from June 26 through July 2". For information, send a SASE to: CHALLENGE TOUR '88; 6506 Kenwood Road; Cinti, Ohio 45243 or call 561-6686.

19. MISCELLANEOUS:

- a. Thanks to those members who sent an extra contribution with their membership to help support either the racing or special events programs.
- b. Thanks to Frank and Robin Bruelheide for donating some extra riding clothing and equipment. Some of our Juniors really appreciated it.
- c. Thanks to Ed Theuring, Pam Sisney, and Roy Roberts for the bicycle, wheels and lots of extra equipment that we used on Team Bike Day.
- d. Congratulations to the QCW Masters Men's Time Trial Team of Jim Flaherty, Jim Obert, Dave Carr, and Ed Theuring, who moved up into the Senior Men's (18-34) classification and took a third place in the Spradling Memorial TTT in Louisville, Ky last September. It was noted in Velo-News.
- e. If you want to ride the CCC Chili Century with a QCW group on 4/30 call Don Cenatiempo @ 753-4995. Will be on 791-RIDE later.
- f. If you want to ride TOSRV (5/7-8) as a QCW team, like the Huffy and Franklin Teams do, or if you have extra/need a ticket call 791-RIDE.
- g. If you want to be up-to-date on your race planning in '88 we suggest you subscribe to Velo-News; Circulation Dept.; Box 6947; Syracuse, New York 13217. Annual subscription is \$21.95.
- h. If you want a 1988 Bicycle Events Calendar that includes tours and racing events from the Ohio Bicycle Federation, send a SASE to Ohio Bicycle Events Calendar; OBF; Chamber Plaza; 5th & Main Streets; Dayton, OH 45402.

For the Officers & Board of QCW  
Tim Gehling; 22 Woodcreek; Cinti, OH 45241  
791-RIDE (HOTLINE); 793-0800 (home)

p.s. Sorry I mentioned Membership and money so much. (felt like I was in Church too.) Won't have to do it next time because you'll either be in or be a "delete".

Thanks for hanging in there with me this long---just one more thing. Please go back and re-read the Action Requests section on page 1 !!